

Our regular services on Sundays are:

8am Holy Communion  
9.30am Morning Praise  
11am Holy Communion  
6.30pm Evening Service, which changes  
with each week in the month:

1<sup>st</sup> Sunday: Choral Evensong

2<sup>nd</sup> Sunday: No service

3<sup>rd</sup> Sunday: No service

4<sup>th</sup> Sunday: No service

5<sup>th</sup> Sunday: No service

Please check the porch for timely details.

We also have:

Mondays 9.30 – 10am Prayer

Wednesdays at 10am: Holy Communion

Morning Prayer is at 8am - Monday to Friday

Evening Prayer: 5pm - Monday to Thursday

There are no services on secular Bank

Holidays.

#### Contact details

#### Telephone

##### **Assistant Priests:**

Rev. John Pantry 01206 386910

Rev. Terry Walker 383640

##### **Churchwardens:**

Alan Brook 381730

Valerie Bocking 386750

##### **Treasurer:**

Roland Gardener 617306

##### **Families Worker:**

Heather King 07967 017733

##### **Parish Evangelist:**

Stephen Rice 385586

##### **Pastoral team**

07593 429114

##### **Parish Secretary :**

Lucy Hurst 383222

**e-mail:** [admin@freshsalt.uk](mailto:admin@freshsalt.uk)

#### Office hours:

Mondays: 13:30-15:30

Tuesdays: 12:30-14:30

Wednesdays: 12:30-14:30

**1<sup>st</sup> March 2020**



***St Peter and St Paul's Church exists:  
To celebrate God in worship, to love one another  
and to serve the wider community***

#### **Welcome to our services today.**

We hope that you will find warmth and friendship in this place and God's blessing and peace as we worship.

At our communion services, everyone is invited to come forward and receive bread and wine or a blessing (please bring your service sheet or this pew sheet with you if you'd like a blessing). If you need a gluten free wafer, please tell the Welcomer before the service.

There is a space for young children to draw or read at the back of the Church. In term time during the 9.30am service, all children are welcome to join Junior Church which meets in the Church Hall.

Tea and Coffee are served after the 9.30am service in the Church Hall. Please join in this post-service fellowship and take the opportunity to make some new friends.

#### **LENT 1**

Heavenly Father,  
your Son battled with the  
powers of darkness,  
and grew closer to you in the desert:  
help us to use these days to grow in  
wisdom and prayer  
that we may witness to your saving love  
in Jesus Christ our Lord.  
AMEN

#### **Our Readings**

##### **Lent 1**

**Genesis 2.15-17; 3.1-7**

**Roman 5.12-19**

**Matthew 4.1-11**

St Peter & St Paul,  
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Tel: 383222 Email: [admin@freshsalt.uk](mailto:admin@freshsalt.uk)  
**Website: [www.freshsalt.uk](http://www.freshsalt.uk)**

## **NOTICES**

**Forthcoming dates for your diary:**

### **MARCH**

**1<sup>st</sup>** – Choral Evensong – 18:30

**7<sup>th</sup>** - Lent Lunch – 12:00

**8<sup>th</sup>** - Holy Communion – 08:00

Morning Praise – 09:30

Holy Communion – 11:00

**13<sup>th</sup>** – Funeral – 12:00

**14<sup>th</sup>** – Lent Lunch – 12:00

**15<sup>th</sup>** - Holy Communion – 08:00

Morning Praise with HC – 09:30

Holy Communion – 11:00

### **ELECTORAL ROLL**

We are updating the electoral roll ready for the upcoming APCM on 5<sup>th</sup> April at 11:30am. If you would like your name added to the list; which will give you the opportunity to vote at the APCM, please request a form from the Churchwardens.

### **CHORAL EVENSONG**

There will be Choral Evensong this evening. The Mersea Island Choir will be holding a special Passiontide service with readings and music on Sunday 29<sup>th</sup> March at 18:30.

### **LENT LUNCHES**

We will be having Lent Lunches on Saturday's 7<sup>th</sup>, 14<sup>th</sup>, 21<sup>st</sup>, 28<sup>th</sup> March from 12:00 – 13:30 in the Church Hall. Money raised will be sent to Christian Aid. Come along and bring your friends!

### **LENT COURSE**

The House Group that meets on Tuesday morning is studying 'The Journey to the Cross', as our Lent course. This challenges us to follow in Jesus' footsteps and meet the people he met, in the context of the modern Middle East. We meet on Tuesdays at 10am in the Upper Room, and the study will begin on 3<sup>rd</sup> March. If you are interested please contact Barbra Peter 383948

### **CHRISTIANITY EXPLORED!**

Are you interested in learning the basics of our Faith, a bit of a refresher, or being confirmed?

We're thinking of running a course. If you would like to know more, contact David Willey on 07752 597391 or

[willeydavidg@gmail.com](mailto:willeydavidg@gmail.com)

### **PORCH PANTRY**

Thank you so much for your donations.

Shopping bags and shopping lists are available near the door.

To help keep the Porch Pantry going, please consider donating via

[www.justgiving.com/campaign/merseaislandporchpantry](http://www.justgiving.com/campaign/merseaislandporchpantry)

### **FOR YOUR PRAYERS THIS WEEK**

#### **PRAYER FOR A NEW RECTOR**

Almighty God, our heavenly Father and giver of every good gift; Be pleased to hear our prayers, and send to us as rector of this parish a priest who will faithfully and wisely work for the cure of souls; to the good of your Church and the glory of your Name; through Jesus Christ, our Lord.

### **NEXT WEEK'S READINGS**

#### **Lent 2**

**Genesis 12.1-4a**

**Romans 4.1-5, 13-17**

**John 3.1-17**